



REGIONAL FORUM

Alliance for Primary Health
Care in the Americas



Logistical information



The Oriental Republic of Uruguay is a country in South America. It is bordered to the northeast by Brazil, to the west and southwest by Argentina and has coasts on the Atlantic Ocean to the south. It is the second smallest country in South America. According to the latest census data, the population of Uruguay is 3,286,314 inhabitants.

The city of Montevideo is the capital and largest city of Uruguay. It is located in the southern part of the country and is the southernmost capital in the Americas. It is also the administrative headquarters of MERCOSUR and ALADI. Its population is 1,319,108 inhabitants (2011), but considering its metropolitan area it reaches 1,947,604, which corresponds in general terms to half of the national total.

The city has an ideal bay that forms a natural harbor, being the most important in the country and one of the most important in the Southern Cone. Montevideo is the Latin American city with the highest quality of life and is among the 30 safest cities in the world.

Language



The official language is Spanish.
Other languages (English, Portuguese) can be spoken in places of tourist attraction

Safety



Montevideo is a safe city.

However, keep the following recommendations in mind:

Do not wear jewelry when you are planning to leave the hotel.

Leave your passport, airline ticket and other valuables in the safe deposit box in your hotel room. Only carry the necessary cash, credit card and ID.

Please take care of your carry-on **bāggāge**, especially your personal laptop at all times.



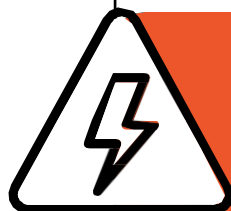
Currency

The monetary unit is the Uruguayan peso (\$) and the approximate exchange rate is \$39.92 pesos per dollar (Source: Central Bank - average value October 2023). Currency exchange facilities can be found at the airport or in the area near the Radisson Hotel.



Weather

Uruguay's climate relatively mild. The annual average is about 17.5 °C, ranging from about 20 °C in the north-east to about 16 °C on the south coast. The highest temperatures occur in January and February, while the lowest in June and July.



Voltage

Electricity in Uruguay is 220 volts. Three types of plugs are used: Schuko, Two, and Three in-line models.



Time zone

UTC/GMT -3 hours.

Transfers to and from the airport

Transfers will be coordinated by OPS with a transport company, once the flight itineraries have been received.

Travel arrangements will be coordinated prior to your arrival in Montevideo by the PAHO Office in your country. Contact the office if you need assistance.

The cost of transportation will be covered by the participants.

Visas and Entry Requirements

To enter Uruguay, participants must possess a valid passport valid for more than six (6) months from the date of entry into the country. Likewise, guests from countries that require a visa to enter Uruguay are responsible for requesting it at least 20 days in advance at the Uruguayan Embassy or Consulate in their respective countries.

To find out if you require a visa, check the website of the National Directorate of Migration, which maintains an updated list with the aforementioned information, at the following link:

National Directorate of Migration



Hotel

Radisson Montevideo Victoria Plaza Hotel

Plaza Independencia 759, Montevideo, Uruguay Phone: +598 2902 0111 www.radissonvictoriaplaza.com.uy

Accommodation booking

A block of single rooms has been reserved for the event from December 2 to 7, 2023, for participants of the Regional Forum, and until December 8 or 9 for participants in the National Forum, depending on their travel itineraries.

PAHO will cover the accommodation for participants.

Feeding arrangements

During the days of the Regional Forum (4 to 6 December) participants will receive refreshments and lunch.



Event Location

Executive Tower Annex (Presidency)

Liniers 1280 / Rooms: Auditorium and Halls 2A and 2B

Accreditation

Accreditation for the event will be granted at the hotel, upon arrival, it includes a QR Code that will be validated on the Regional Forum website and will also include a color for the assignment of the Rooms in the Forum. It must be carried with you and visible at all times during the meeting for security reason.

Interpretation service

The congress will have simultaneous interpretation in English-Spanish, Spanish-English, French-Spanish, Spanish-French, Portuguese-Spanish and Spanish-Portuguese.

Social Event

The social event to inaugurate the Regional Forum will take place on **Monday, December 4 at 7:30 p.m. at the Santos Palace (Av. 18 de Julio 1205)**





Useful phone numbers



Police: 911



Firefighters: 104



Ambulance: 105

Tourist information

Ministry of Tourism

Shopping centers

Montevideo Shopping (Avda. L. A. de Herrera 1290)

Punta Carretas Shopping (Ellauri 400)

Portones Shopping (Italia Avenue and Bolivia Avenue)

Tres Cruces (Bvar. Artigas 1825 and Dr. Ferrer Serra)

New Shopping Center (Av. Luis Alberto de Herrera and Bv. Artigas)

PAHO Representation in Uruguay

PAHO/WHO Representation in Uruguay

Avda. Brasil 2697 Piso 2, Montevideo.

Tel.: (+598) 2707-3590

Hours: Monday to Friday from 9 a.m. to 5 p.m.

Info: urypwr@paho.org

[PAHO Uruguay Website](#)

Contacts in Uruguay:

For logistical matters including transportation:

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For security matters:

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For programmatic coordination:

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